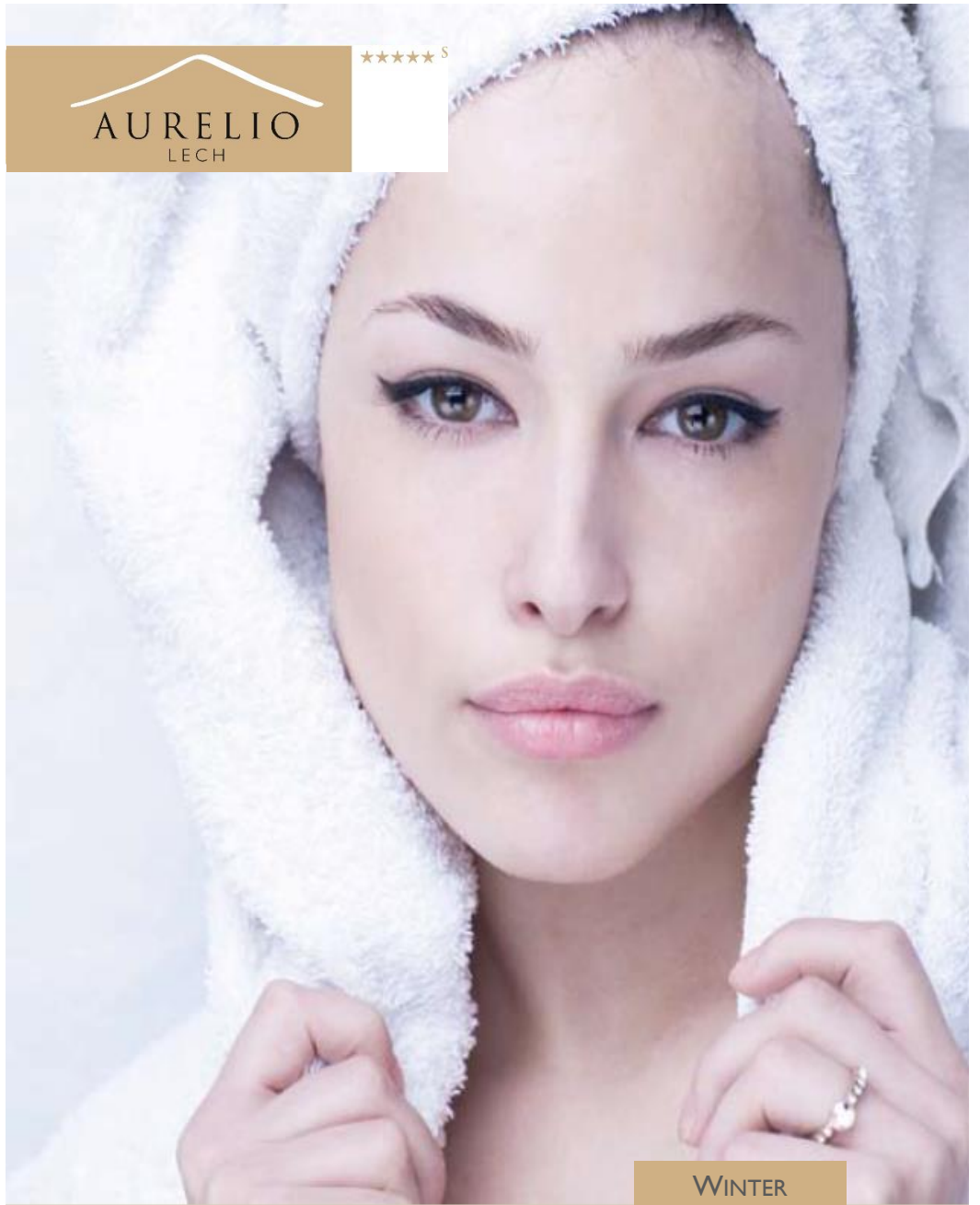




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WINTER
2023/24
EN

Hotel & Chalet Aurelio *****S
SPA Menu

Tannberg 130 | 6764 Lech am Arlberg
office@aureliolech.com | www.aureliolech.com | 05583 2214

SWISS PERFECTION

MONTREUX

Enjoy a truly Swiss skincare experience with Swiss Perfection. **The first brand to apply plant cell extraction technology to cosmetics, Swiss Perfection with its signature Cellular Active IRISA® complex enjoys an unrivaled reputation for performance, prestige and quality, developing premium formulations that deliver highly visible results.**

Only the purest and most perfect flower - the Iris Germanica - was chosen to create the exclusive signature **Cellular Active IRISA® complex**. The brand's DNA is made from iris root cells harvested in the pristine gardens of the Swiss 'Château de Vullierens'.

Swiss Perfection strongly identifies with the essence of Switzerland - quality and "savoir faire". For this reason, the entire product range is formulated, developed and produced to the highest quality standards formulated, developed and produced locally in Switzerland. All Swiss Perfection products and treatments therefore bear the internationally renowned "Made in Switzerland" label.

About Swiss Perfection and Cellular Active IRISA®
The brand's signature ingredient Cellular Active IRISA® has been proven to reduce the breakdown of skin cell DNA and preserve naturally occurring collagen in the skin. Thanks to its excellent antioxidant properties, it has the extraordinary ability to protect cells from both premature ageing and free radical damage.

Dreem Distillery

London-based interior designer Hayley Dawes has spent years successfully creating dream homes for her clients. Only she herself was unable to find peace and quiet in her own home and suffered massively from insomnia. After trying all sleep-inducing methods with little success, the game-changer was the discovery of the transformative power of **CBD**. From this, she developed 'Dreem Distillery', a wellbeing series for lasting relaxation of body and mind and a restful night's sleep.



HORST KIRCHBERGER

MAKE UP



"Easy application - professional results", this is how Horst Kirchberger explains his unmistakable brand, which is constantly being optimized and expanded.

The particularly long-lasting results and the excellent "problem solvers" for the skin give women women with confidence and a good feeling when applying the products. Innovative textures and high-quality standards underline the brand's outstanding expertise.

"The make-up is developed and manufactured according to the latest scientific findings," emphasizes Horst Kirchberger, "most of the ingredients are mineral-based and also suitable for particularly sensitive skin!"

AURELIO SPA GENERAL INFORMATION

Operating hours: daily from 9 a.m. - 8 p.m.

We offer on 1000m²

- Indoor activity pool (23 m | 30°C)
- Fitness Centre - GYM
- Changing areas for men and women

Thermal Suite with

- Herbal bio sauna (60°C – 65°C)
- Finnish sauna (90°C – 95°C)
- Cooling down pool (10°C)
- Jacuzzi (36°C)
- Aroma steam bath
- Multi-sensory showers
- Vital Bar
- Relaxing areas
- Snow atrium

Treatment areas

- Face Care suite
- Single spa suite
- Couples' spa suite
- Manicure & Pedicure cabin

CARE PRODUCTS FOR HOME SPA

We would be delighted to send you your desired spa products by mail to your home.

We accept your orders by phone or via e-mail.

DAY SPA

Aurelio Spa is open every day for external guests upon reservation. The entrance guarantees you access to the pool area, thermal spa suite, relaxing zone, GYM and changing rooms where you can find all the amenities needed to spend your day in the hotel such as (bathrobe, towel, slippers, shampoo, shower gel, conditioner, hair dryer), In Day SPA visits, beauty treatments, massages and personal training sessions are only possible upon availability and prior reservation as well and they are not included in ticket.

Day SPA ticket	EUR 55.00
Day SPA ticket incl. our "Aurelio's" breakfast buffet (08.00 – 11.00 a.m.)	EUR 102.00

AURELIO'S SPECIALS FOR EXTERNAL GUESTS

10 x Day SPA Ticket	EUR 450.00
7 x Day pass only for gym use	EUR 170.00

INDIVIDUAL PERSONAL TRAINING

Our gym is equipped with the latest Techno Gym equipment. Ideal for active athletes who want to improve their performance potential even further. Perfect for people with back problems and for people who want to get athletic, slim and toned. We have a special full body workout.

60 min	EUR 110.00
second person in addition	EUR 35.00

INFORMATION AND BOOKINGS

Phone: +43 (0)5583 – 2214

E-mail: office@aureiolech.com

The spa menu is valid from December 2023. Previous rates lose their validity.

Viewing each guest as a unique individual, the Aurelio Spa personalised holistic treatments designed to relax, restore and lift the body, soul and mind. Also for mothers to be and our little guests. Treatments are carefully selected and performed by professional therapists.

THE MESSAGES

Aroma therapy 50 / 80 min.

Surrender to the restorative qualities of relaxing massage, combined with soothing long effleurage strokes. Pure essential oils moisturize mind and body.

50 min. EUR 110.00

80 min. EUR 160.00

Back massage 30 min.

An individualized back massage aimed to release tension from sore muscles.

EUR 75.00

After ski leg & feet care – REVITALISING LEG MASSAGE – 30 min.

Legs are wrapped in hot towels soaked with essential oils of eucalyptus and tea tree. The draining massage which follows has a beneficial effect on heavy legs, for example after a long day on the mountains or after long flights.

EUR 75.00

Deep tissue massage – 60 / 90 min.

Designed for active individuals or for those preferring a stronger massage, this specific massage utilizes firm strokes and deep pressure to fine-tune muscle systems.

60 min. EUR 130.00

90 min. EUR 180.00

Hot stone massage – WARM FULL BODY MASSAGE WITH STONES – 75 min.

An indulgent massage combination using hot volcanic stones and hot oil. A unique experience that has gained faithful followers offers ultimate relaxation and energy re-balancing. The target movements and pressures with hot stones relax the muscles, while massaging and the use of warm oil hydrates and deeply nourishes the skin.

EUR 160.00 EUR

DREEM DISTILLERY – Pressure release massage with CBD- 60 min.

A deeply effective, sleep-inducing treatment that transports the skin and senses to a starry sky.... Also helps with aching joints, tense neck and shoulders.

The relaxation journey begins with a grounding, opening body ritual, followed by a leg massage to stimulate circulation. This is followed by a gentle foot scrub that softens the skin and reveals new skin. The subsequent reflexology therapy at various pressure points releases tension and removes stagnant energy throughout the body.

EUR 150.00

Aurelio SIGNATURE treatment- 75 min.

Indulge yourself after a long day of skiing in this rejuvenating massage, combining the natural therapeutic properties of essential oils and the healing power of massage therapy. After thoroughly exfoliated and massaged the legs and feet are nourished, soft and smooth. A warm towel ritual will leave you with a sense of pampering, while receiving a stress-relieving head and neck massage. This aroma-based oil massage will leave you feeling deeply relaxed and revitalized.

EUR 180.00

Couple's Ritual in our partner cabin – 120 min.

Unwind side by side in our couple's spa suite and enjoy a tailor- made package individually created for your needs. A full body massage for 90min focusing on the most fatigued areas release tensions followed by a moisturizing express face care for 30min.

EUR 500.00

Sweet Dreams Massage – FOR KIDS – 30 min.

“Every child, no matter the age, should be massaged at bedtime on a regular basis.” Touch is the first sense to develop in humans. It is essential to our health and well-being. We provide a special care massage with chamomile products for our little guests up to 5 years old (only allowed with the permission of an adult).

EUR 60.00



THE FACIALS – CELLULAR HIGH TOUCH TREATMENTS

focus on immediately visible results. A perfect synergy between high-quality formulas and special techniques, inspired by Cellular Therapy and formulated with the unique Cellular Active IRISA® technology, revitalizes and rejuvenates the skin on a cellular level.

SWISS PERFECTION - Cellular Perfect Lifting - 75 min:

This exclusive facial treatment has a natural lifting effect. It visibly improves the firmness of the skin and at the same time promotes cell renewal. It combines the most innovative rejuvenation solutions with special techniques. The facial contours are remodelled and wrinkles are smoothed out.

EUR 285.00

SWISS PERFECTION - Cellular Perfect Recovery - 60 min.

The ideal combination of soothing ingredients and special modelling techniques promotes the skin's natural healing process. It immediately soothes irritated and inflamed sensations while deeply repairing damage caused by internal imbalances and external aggressions.

EUR 190.00

SWISS PERFECTION - Cellular Men Perfect Repair - 75 min.

The combination of cell metabolism, cell regeneration and oxygen supply guarantee an active, long-lasting effect that is individually tailored to the needs of men's skin.

EUR 225.00

THE FACIAL TREATMENT - CELLULAR FACIAL ENHANCEMENTS

Treatments that can be used both as a supplement to all previous facial facial treatments as well as individually.

SWISS PERFECTION - Cellular Perfect Décolleté - 45 min.

This state-of-the-art treatment combats wrinkles, sagging skin and loss of firmness. The neck and décolleté area is rejuvenated, tightened and reshaped. The décolleté is enhanced.

EUR 155.00

SWISS PERFECTION - Cellular Perfect Eye Contour - 30 min.

This treatment with pure collagen and active ingredients focuses on the most sensitive part of the face and gives it a youthful look. Cell regeneration is boosted and the eye area is deeply regenerated and firmed. Fine lines and wrinkles are smoothed and all signs of tiredness are eliminated.

EUR 89.00



HANDS AND FEET

MANICURE - Deluxe and Express 40 / 50 min.

This treatment gives your hands and nails a well-groomed appearance. It begins with an exfoliation that removes excess, dry skin. A hand massage ensures deep relaxation. Cuticles and fingernails are cared for, filed, and polished.

Express 40 min. EUR 60.00

Deluxe 50 min. EUR 75.00

PEDICURE - Deluxe and Express 50 / 60 min.

Foot care for relaxation and well-being - a foot bath is followed by a peeling to remove dry skin on the surface. A foot massage with light pressure promotes blood circulation and stimulation. Finally, the cuticles and nails are cared for, filed, and polished.

Express 50 min. EUR 75.00

Deluxe 60 min. EUR 90.00

NAIL POLISH (without manicure / pedicure) – 15 min.

Nail polish for a perfect appearance.

EUR 25.00

FRENCH NAILS (without manicure / pedicure) – 25 min.

A thin white line adorns the tips and the base is given a subtle, sophisticated look with an almost transparent nail polish.

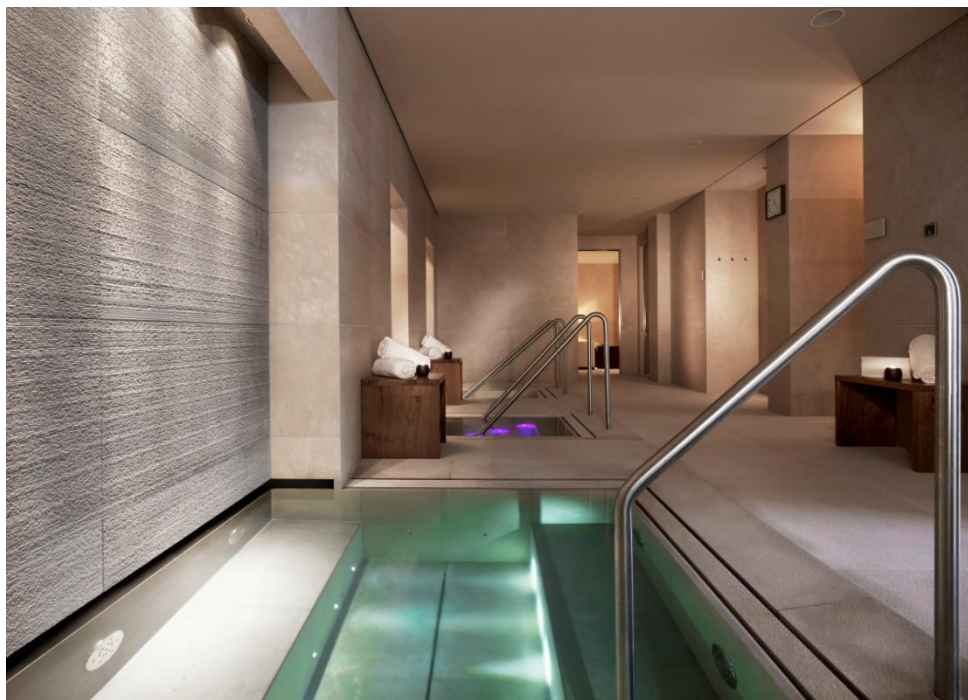
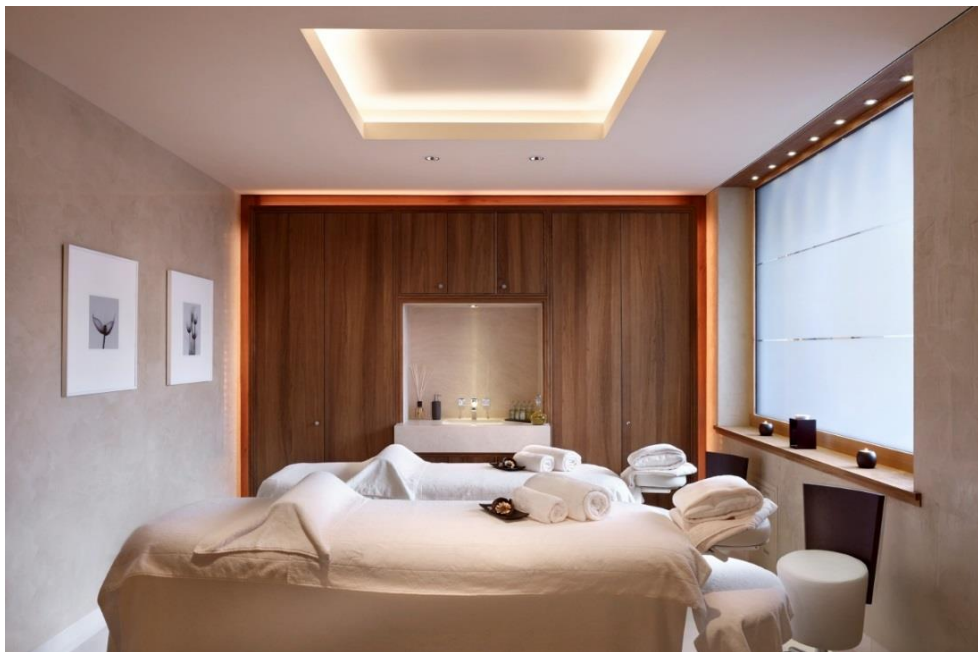
EUR 45.00

DEPILATION

Armpits	EUR 30.00
Arms	EUR 45.00
Upper lip	EUR 20.00
Half Legs	EUR 40.00
Full legs	EUR 60.00
Back	EUR 60.00
Chest	EUR 50.00

BEAUTY EXTRAS

Eyebrow shaping	EUR 25.00
Eyebrow dying	EUR 25.00
Dying of eyelashes	EUR 25.00
Eyebrows and eyelashes dying and shaping	EUR 50.00



SPA ETIQUETTE

LET US ADVISE YOU

Our therapists also pay attention to certain health conditions. To this end, we ask you to complete our **health check before the start of treatment** in the interests of both parties. Please let our therapists know your wishes and preferences regarding music, temperature, light, massage pressure, etc. at any time.

TAKE A RELAXED APPROACH

To prepare your body as well as possible for the upcoming treatment, we recommend a visit to our aroma steam bath beforehand. This will get your circulation going, warm up your body and open your pores. **Please arrive at the SPA reception 10 minutes before** the agreed treatment appointment and make yourself comfortable. Hotel guests are requested to arrive at the SPA already showered and wearing a bathrobe and slippers.

STORAGE OF VALUABLES

Please leave all valuable items in your room safe or in the lockers in the changing rooms. The Hotel Aurelio accepts no liability for lost valuables.

PAYMENT METHODS IN THE SPA

The Aurelio SPA team books our guests' treatments directly to their rooms. Cash payment as well as payment by debit or credit card is of course also possible at the SPA at any time.

IN CASE SOMETHING COMES UP

Treatments can be cancelled free of charge up to 12 hours before the start of the treatment. Please note that we will have to charge 50% of the treatment time for cancellations at a later date and 100% for no-shows. Late arrival shortens the time of your treatment.

CALMNESS AND CONSIDERATION

...are the basic prerequisite for deep relaxation. Out of consideration for other guests, we ask you to switch off your mobile phones during your SPA stay. Please also refrain from using video and photo cameras throughout the SPA and keep your voice down in all areas out of consideration for other guests.

KIDS

We ask for your understanding that children **under the age of 16** are not permitted in the sauna area.