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SUMMER
2024

Hotel & Chalet Aurelio *****S
SPA Menu

Tannberg 130 | 6764 Lech am Arlberg
office@aureliolech.com | www.aureliolech.com | 05583 2214

AURELIO SPA GENERAL INFORMATION

Operating hours: daily from 8 a.m. - 8 p.m.

We offer on 1000m²

- Indoor activity pool (23 m | 30°C)
- Fitness Centre - GYM
- Changing areas for men and women

Thermal Suite with

- Herbal bio sauna (60°C – 65°C)
- Finnish sauna (90°C – 95°C)
- Cooling down pool (10°C)
- Jacuzzi (36°C)
- Aroma steam bath
- Multi-sensory showers
- Vital Bar
- Relaxing areas
- Snow atrium

Treatment areas

- Single spa suite
- Couples' spa suite

CARE PRODUCTS FOR HOME SPA

We would be delighted to send you desired spa products by mail to your home.

We accept your orders by phone or via e-mail.

DAY SPA

Aurelio Spa is open every day for external guests upon reservation. The entrance guarantees you access to the pool area, thermal spa suite, relaxing zone, GYM and changing rooms where you can find all the amenities needed to spend your day in the hotel such as (bathrobe, towel, slippers, shampoo, shower gel, conditioner, hair dryer), In Day SPA visits, massages and personal training sessions are only possible upon availability and prior reservation as well and they are not included in ticket.

Day SPA ticket	EUR 45.00
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AURELIO'S SPECIALS FOR EXTERNAL GUESTS

10 x Day SPA Ticket	EUR 450.00
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7 x Day pass only for gym use	EUR 170.00
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INDIVIDUAL PERSONAL TRAINING

Our gym is equipped with the latest Techno Gym equipment. Ideal for active athletes who want to improve their performance potential even further. Perfect for people with back problems and for people who want to get athletic, slim and toned. We have a special full body workout.

60 min	EUR 110.00
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second person in addition	EUR 35.00
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INFORMATION AND BOOKINGS

Phone: +43 (0)5583 – 2214

E-mail: office@aureliolech.com

The spa menu is valid from July 2024. Previous rates lose their validity

THE MESSAGES

Individual massage – ENJOY PERSONAL RELAXATION

Massage Techniques for partial or full-body treatment, which promotes the sound sleep and the inner peace, or massage techniques that works on the deeper layers of the muscle tissue, in combination with dynamic stretching to ease even the deepest layers of the muscular system. The essential oil of your choice completes your aromatherapy experience depending on your needs.

Duration of treatment: 30, 60, 75 or 90 minutes

Deep tissue massage – 60 / 90 min.

Designed for active individuals or for those preferring a stronger massage, this specific massage utilizes firm strokes and deep pressure to fine-tune muscle systems.

Duration of treatment: 60 or 90 minutes

After hike – REVITALISING LEG MASSAGE

Legs are wrapped in hot towels soaked with essential oils of eucalyptus and tea tree. The draining massage has a beneficial effect on heavy legs, for example after a long day on the mountains.

Duration of treatment: 30 minutes

Hot stone massage – WARM FULL BODY MASSAGE WITH STONES

An indulgent massage combination using hot volcanic stones and hot oil. A unique experience that has gained faithful followers offers ultimate relaxation and energy re-balancing. The target movements and pressures with hot stones relax the muscles, while massaging and the use of warm oil hydrates and deeply nourishes the skin.

Duration of treatment: 75 minutes

Aroma therapy

Surrender to the restorative qualities of relaxing massage, combined with soothing long effleurage strokes. Pure essential oils moisturize mind and body.

Duration of treatment: 50 minutes

Price: 100.00 EUR

Sweet Dreams Massage – FOR KIDS

“Every child, no matter the age, should be massaged at bedtime on a regular basis.” Touch is the first sense to develop in humans. It is essential to our health and well-being. We provide a special care massage with chamomile products for our little guests (only allowed with the permission of an adult).

Duration of treatment: 30 minutes

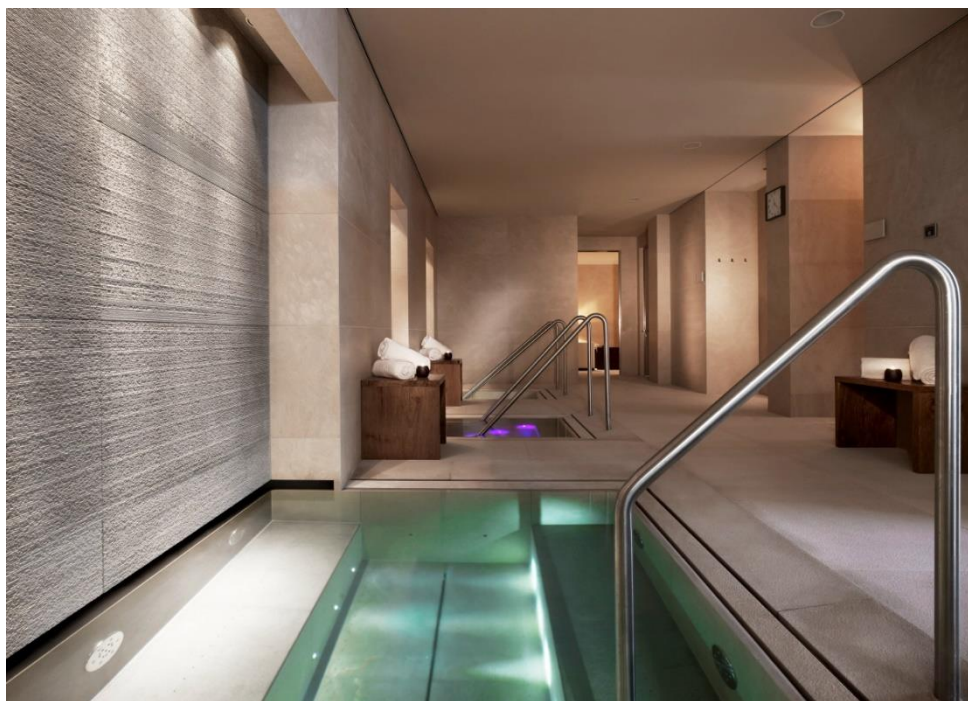
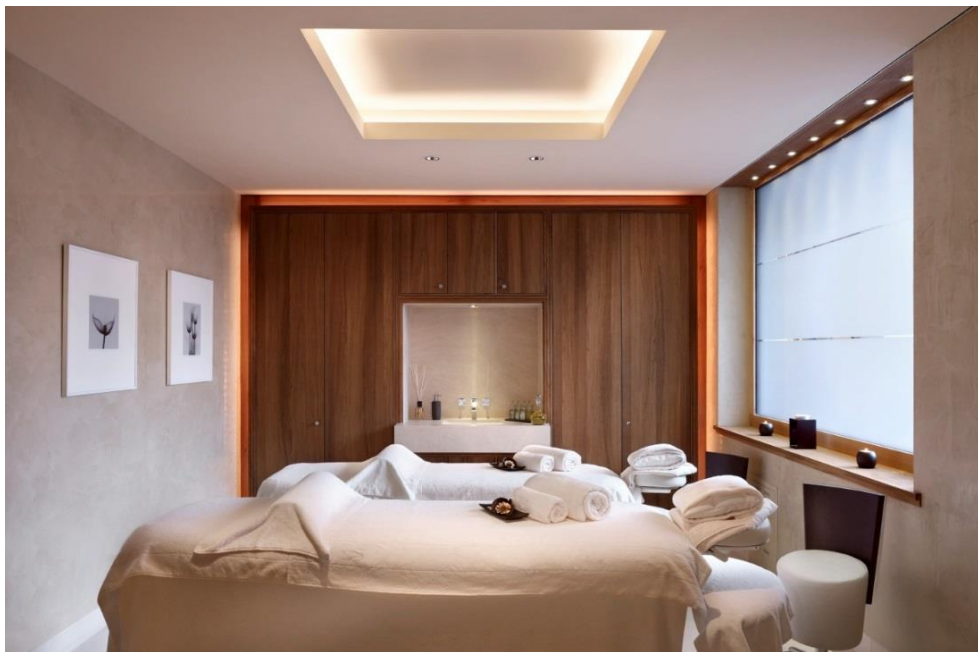
PRICES FOR MASSAGE TREATMENTS

30 minutes	EUR 70.00
60 minutes	EUR 120.00
75 minutes	EUR 145.00
90 minutes	EUR 165.00

KIDS PRICES

30 minutes	EUR 50.00
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How to SPA

TRY SOMETHING NEW

Our professional SPA team will plan the perfect and individual spa package for you. Do not hesitate to try something new – it will change your SPA experience.

LET US ADVISE YOU

Everybody is different and each skin type requires a different kind of care. Please inform our therapists about your special health conditions before booking a treatment. Speak to our experienced therapists and inform them about your preferences (music, temperature, light effects, massage, pressure, etc.).

TAKE YOUR TIME

The best way to prepare yourself and your body is a visit of our thermal suite (aroma steam room or the herbal bath). This will get your circulation going, heat up your body and open your pores. We kindly ask you to check in at the SPA reception 10 minutes before your treatment appointment.

RELAX AND UNWIND

As a hotel guest it is best to come to the SPA in bathrobe and slippers. Please take a shower before your massage starts. Our therapists will provide you with disposable undergarments for the body treatments.

JEWELLERY AND VALUABLES

Please leave all valuables in your room's safety deposit box or the lockers in the changing rooms. The Aurelio Hotel is not responsible for lost valuables.

PAYMENT ARRANGEMENTS

The Aurelio SPA is able to charge SPA services to your room account. Guests may also pay in cash or by credit or debit card.

LATE FOR THE APPOINTMENT OR CANCELLATION

We ask you to call off your treatments at least 12 hours in advance. For later cancellations, we charge 50% of the treatment costs and 100% if you fail to appear or your appointments are cancelled with less than 1 hours' notice. Arriving late may shorten the time of your treatment.

KIDS

Minimum age at the Aurelio SPA area is 12 years. Kids under this age can only enjoy the spa for our special created treatments for kids.