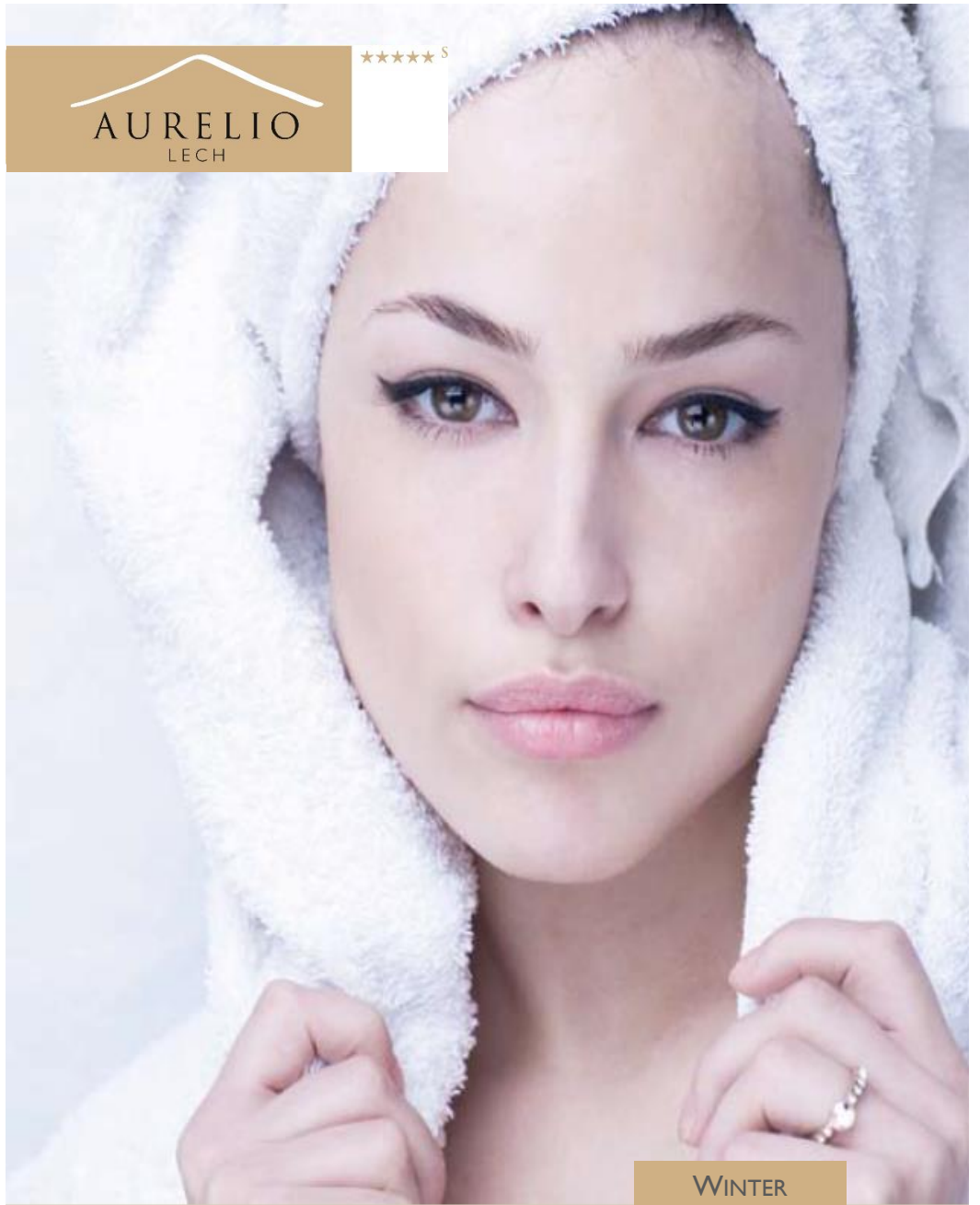




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WINTER
2024/25
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Hotel & Chalet Aurelio *****S
SPA Menu

Tannberg 130 | 6764 Lech am Arlberg
office@aureliolech.com | www.aureliolech.com | 05583 2214

SWISS PERFECTION

MONTREUX

Enjoy a truly Swiss skincare experience with Swiss Perfection. **The first brand to apply plant cell extraction technology to cosmetics, Swiss Perfection with its signature Cellular Active IRISA® complex enjoys an unrivaled reputation for performance, prestige and quality, developing premium formulations that deliver highly visible results.**

Only the purest and most perfect flower - the Iris Germanica - was chosen to create the exclusive signature **Cellular Active IRISA® complex**. The brand's DNA is made from iris root cells harvested in the pristine gardens of the Swiss 'Château de Vullierens'.

Swiss Perfection strongly identifies with the essence of Switzerland - quality and "savoir faire". For this reason, the entire product range is formulated, developed and produced to the highest quality standards

formulated, developed and produced locally in Switzerland. All Swiss Perfection products and treatments therefore bear the internationally renowned "Made in Switzerland" label.

About Swiss Perfection and Cellular Active IRISA®

The brand's signature ingredient Cellular Active IRISA® has been proven to reduce the breakdown of skin cell DNA and preserve naturally occurring collagen in the skin.

Thanks to its excellent antioxidant properties, it has the extraordinary ability to protect cells from both premature ageing and free radical damage.

Dreem Distillery

London-based interior designer Hayley Dawes has spent years successfully creating dream homes for her clients. Only she herself was unable to find peace and quiet in her own home and suffered massively from insomnia.

After trying all sleep-inducing methods with little success, the game-changer was the discovery of the transformative power of **CBD**. From this, she developed 'Dreem Distillery', a wellbeing series for lasting relaxation of body and mind and a restful night's sleep.



HORST KIRCHBERGER

MAKE UP



„Easy application – professional results“, this is how Horst Kirchberger explains his unmistakable brand, which is constantly being optimized and expanded.

The particularly long-lasting results and the excellent "problem solvers" for the skin give women with confidence and a good feeling when applying the products. Innovative textures and high quality standards underline the brand's outstanding expertise.

"The make-up is developed and manufactured according to the latest scientific findings," emphasizes Horst Kirchberger, "most of the ingredients are mineral-based and also suitable for particularly sensitive skin!"

GENERAL INFORMATION – AURELIO SPA

Opening hours

daily from 08:00 a.m. to 08:00 p.m.

We offer on 1000m²

- Indoor activity pool (23 m | 30°C)
- Fitness Centre - Gym
- Changing areas for men and women

Thermal Suite with

- Herbal bio sauna (60°C – 65°C)
- Finnish sauna (90°C – 95°C)
- Cooling down pool (10°C)
- Jacuzzi (36°C)
- Aroma steam bath
- Multi-sensory shower
- Vital bar
- Relaxation area
- Snow atrium

Treatment rooms

- Beauty suite for facial treatments
- Massage room for one person
- Massage room for couples
- Cabin for manicure & pedicure

Information and bookings

You can call us under: +43 (0)5583 – 2214 or per E-Mail under: office@aureliolech.com

The spa menu is valid from November 2024. Previous rates lose their validity.

Viewing each guest as a unique individual, the Aurelio Spa offers personalized holistic treatments designed to relax, restore and lift the body, soul and mind. Also, for mothers to be and our little guests. Treatments are carefully selected and performed by professional therapists who are happy to consult with you directly.

DAY SPA

Our Aurelio Spa is open every day for external guests upon reservation. The entrance guarantees you access to the pool area, thermal spa suite, relaxing zone and gym. In our changing rooms you can find all the amenities needed to spend your day in the hotel such as bathrobe, towel, slippers, shampoo, shower gel, conditioner, hair dryer. Beauty treatments, massages and personal training sessions are only possible upon availability and prior reservation as well and they are not included in ticket.

Day SPA ticket (09:00 a.m. to 03:00 p.m.)	€ 85.00
Day SPA ticket (09:00 a.m. to 03:00 p.m.) in combination with a treatment	€ 55.00

INDIVIDUAL PERSONAL TRAINING

Our gym is equipped with the latest Techno Gym equipment.

Our therapists are happy to assist with tips and training suggestions.

60 minutes	€ 115.00
additional person	€ 35.00

MASSAGES

Aroma therapy

Surrender to the restorative qualities of a relaxing massage, combined with soothing long effleurage strokes. Pure essential oils moisturize the body and relax the mind.

	<i>1 person</i>	<i>couple's massage</i>
50 minutes	€ 120.00	€ 220.00
80 minutes	€ 180.00	€ 340.00

Back massage

An individualized back massage aimed to release tension from sore muscles.

30 minutes	€ 78.00
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"After Ski" leg and feet care – revitalising leg massage

Legs are wrapped in hot towels soaked with essential oils of eucalyptus and tea tree. The massage which follows has a beneficial effect on heavy legs, for example after a long day on the mountains or after long flights.

30 minutes	€ 78.00
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Deep tissue massage

Designed for active individuals or for those preferring a stronger massage, this specific massage utilizes firm strokes and deep pressure to fine-tune muscle systems.

	<i>1 person</i>	<i>couple's massage</i>
60 minutes	€ 138.00	€ 256.00
90 minutes	€ 190.00	€ 360.00

Hot Stone – warm full body massage with stones

An indulgent massage combination using hot volcanic stones and hot oil. A unique experience that offers ultimate relaxation and energy re-balancing. The target movements and pressure with hot stones relaxes the muscles; while massaging and the use of warm oil hydrates and deeply nourishes the skin.

75 minutes	€ 170.00
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Sweet Dreams Massage – for children

We provide a special care massage with chamomile products for our little guests.

30 minutes	€ 60.00
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MASSAGES

Dreem Distillery – pressure releasing massage with CBD

A deeply effective, sleep-inducing treatment that transports the skin and senses to a starry sky.... Also helps with aching joints, tense neck and shoulders.

The relaxation journey begins with a grounding, opening body ritual, followed by a leg massage to stimulate circulation. This is followed by a gentle foot scrub that softens the skin and reveals new skin. The subsequent reflexology therapy at various pressure points releases tension and removes stagnant energy throughout the body.

60 minutes

€ 158.00

Aurelio's Signature-Treatment

Indulge yourself after a long day of skiing in this rejuvenating massage, combining the natural therapeutic properties of essential oils and the healing power of massage therapy. After thoroughly exfoliated and massaged the legs and feet are nourished, soft and smooth. A warm towel ritual will leave you with a sense of being pampered while receiving a stress-relieving head and neck massage. This aroma-based oil massage will leave you feeling deeply relaxed and revitalized.

75 minutes

€ 185.00

Lomi-Lomi massage

This powerful and exotic Hawaiian healing massage with long, flowing touches and a blend of essential oils and coconut oil creates a sensory experience.

This massage can vary in intensity from gentle and soothing to profound to harmonize the energy pathways and release tensions in the physical and emotional area.

90 minutes

€ 210.00

Alchemy of Vitality

This healing practice uses techniques rooted in Chi Nei Tsang, a profound practice that originates from Taoist traditions and focuses on the abdomen, lower back and diaphragm.

In addition, alchemy relieves chronic tension associated with our midsection, such as stiffness of the lower back and pelvis, as well as digestive and menstrual disorders.

80 minutes

€ 190.00

FACIALS – CELLULAR HIGH TOUCH TREATMENTS

focus on immediately visible results. A perfect synergy between high-quality formulas and special techniques, inspired by Cellular Therapy and formulated with the unique Cellular Active IRISA® technology, revitalizes and rejuvenates the skin on a cellular level.

SWISS PERFECTION – Cellular Perfect Lifting

This exclusive facial treatment has a natural lifting effect. It visibly improves the firmness of the skin and at the same time promotes cell renewal. It combines the most innovative rejuvenation solutions with special techniques. The facial contours are remodelled and wrinkles are smoothed out.

75 minutes

€ 285.00

SWISS PERFECTION – Cellular Perfect Recovery

The ideal combination of soothing ingredients and special modeling techniques promotes the skin's natural healing process. It immediately soothes irritated and inflamed sensations while deeply repairing damage caused by internal imbalances and external aggressions.

60 minutes

€ 190.00

SWISS PERFECTION – Cellular Men Perfect Repair

The combination of cell metabolism, cell regeneration and oxygen supply guarantee an active, long-lasting effect that is individually tailored to the needs of men's skin.

75 minutes

€ 225.00

FACIAL TREATMENT – CELLULAR FACIAL ENHANCEMENTS

Treatments that can be used both as a supplement to all previous facial facial treatments as well as individually.



SWISS PERFECTION – Cellular Perfect Decolleté

This state-of-the-art treatment combats wrinkles, sagging skin and loss of firmness. The neck and décolleté area is rejuvenated, tightened and reshaped. The décolleté is enhanced.

45 minutes

€ 155.00

SWISS PERFECTION – Cellular Perfect Eye Contour

This treatment with pure collagen and active ingredients focuses on the most sensitive part of the face and gives it a youthful look. Cell regeneration is boosted and the eye area is deeply regenerated and firmed. Fine lines and wrinkles are smoothed and all signs of tiredness are eliminated.

30 minutes

€ 89.00

HANDS AND FEET

Manicure

This treatment gives your hands and nails a well-groomed appearance. It begins with an exfoliation that removes excess, dry skin. A hand massage ensures deep relaxation. Cuticles and fingernails are cared for, filed and polished.

60 minutes € 85.00

Pedicure

Foot care for relaxation and well-being - a foot bath is followed by a peeling to remove dry skin on the surface. A foot massage with light pressure promotes blood circulation and stimulation. Finally, the cuticles and nails are cared for, filed and polished.

60 minutes € 95.00

Nail Polish (without manicure / pedicure)

Nail polish for a perfect appearance.

15 minutes € 28.00

French Nails (without manicure / pedicure)

A thin white line adorns the tips of the nails and the base is given a subtle, sophisticated look with an almost transparent nail polish.

25 minutes € 49.00

HAIR REMOVAL

Hair removal with warm wax

Armpits	€ 30.00
Arms	€ 45.00
Upper lip	€ 20.00
Legs	€ 60.00
Back	€ 60.00
Chest	€ 50.00

Extras

Eyebrow shaping	€ 25.00
Eyebrow tinting	€ 25.00
Eyelash tinting	€ 25.00
Eyebrow and eyelash tinting and shaping	€ 50.00

SPA ETIQUETTE

Let us advise you

Our therapists also pay attention to certain health conditions. For this, we ask you to fill out our **health check** before the start of treatment in the interests of both parties. Please let our therapists know your wishes and preferences regarding music, temperature, light, massage pressure, etc. at any time.

Take a relaxed approach

To prepare your body for the upcoming treatment in the best possible way, we recommend a visit to our aroma steam bath beforehand. This will get your circulation going, warm up your body and open your pores. Please arrive at the SPA reception 10 minutes before the agreed treatment appointment and make yourself comfortable. Hotel guests are requested to arrive at the SPA already showered and wearing a bathrobe and slippers.

Storage of valuables

Please leave all valuable items in your room safe or in the lockers in the changing rooms. The Hotel Aurelio does not take over any liability for lost valuables.

Payment methods in the SPA

The Aurelio SPA team books the treatments of our house guests directly to their rooms. Cash payment as well as payment by debit or credit card is of course also possible at the SPA at any time.

In case something comes up

Treatments can be cancelled free of charge up to 12 hours before the start of the treatment. Please note that we will have to charge 50% of the treatment cost for any later cancellations and 100% in the event of a no-show. Late arrivals will shorten the time of your treatment.

Children

We ask for your understanding that children under the age of 16 are not permitted access to the sauna area.

Calmness and consideration...

...are the basic prerequisite for deep relaxation. Out of consideration for other guests, we ask you to switch off your cell phones during your time at the SPA. Please also refrain from using video and photo cameras throughout the SPA and keep the volume of your conversation to a reasonable level in all areas out of consideration for other guests.