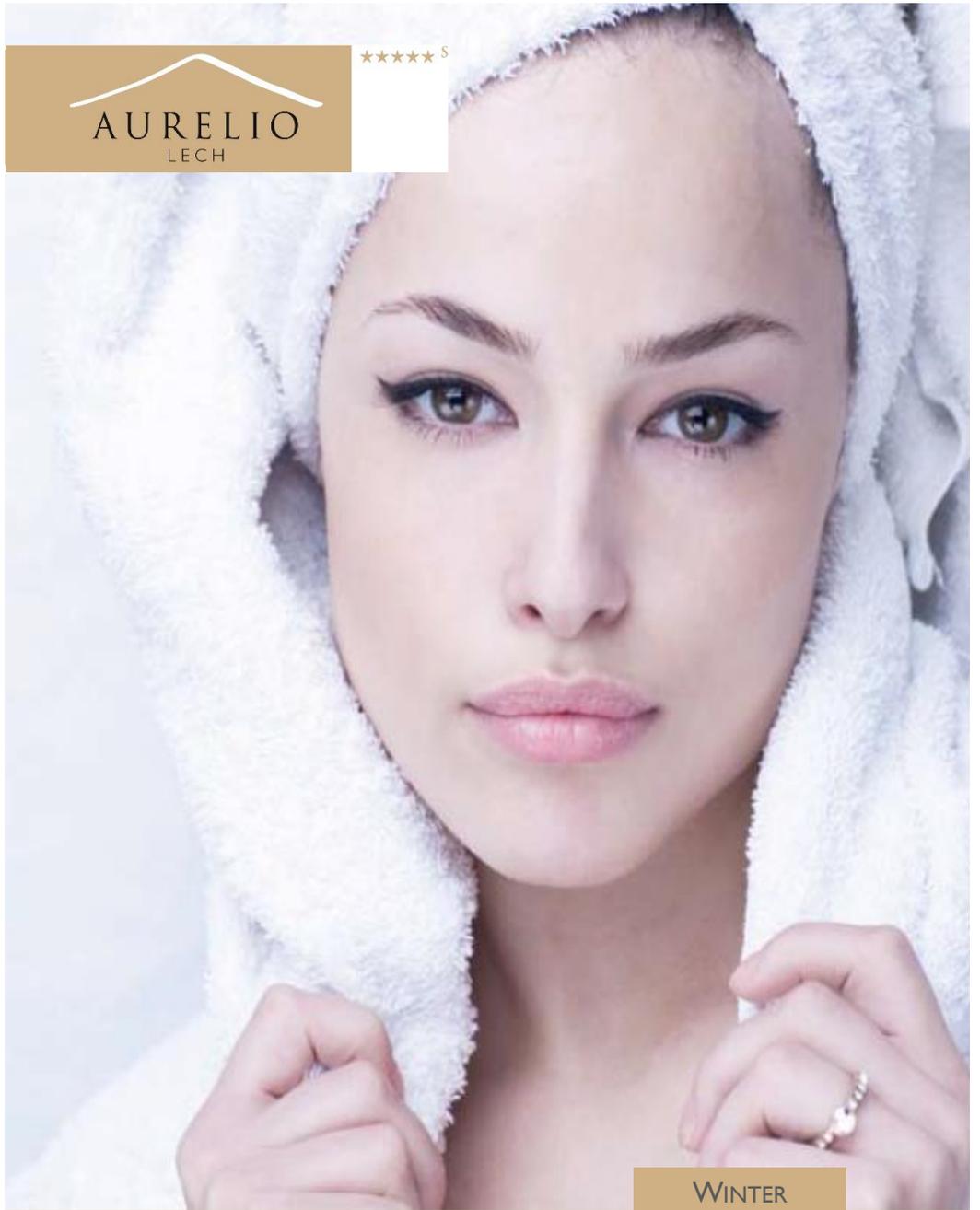




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WINTER
2022/2023

Hotel & Chalet Aurelio *****S
SPA Menu

Tannberg 130 | 6764 Lech am Arlberg
office@aureliolech.com | www.aureliolech.com | 05583 2214



VALMONT, the master of anti-age treatments since 1985, perpetuates the unique expertise of Swiss cellular cosmetics with incomparably efficient care treatments giving immediate, long-lasting results. Valmont care treatments find their source in Switzerland's pure and protected environment. Their exceptional quality is the fruit of a subtle alliance of alpine ingredients and advanced scientific expertise. Faithful to the concept of cellular therapy, Valmont has sourced molecules with incomparable anti-aging properties deep within cells: DNA and RNA. Acting together in Valmont beauty care treatments, this dynamic duo stimulates and strengthens cells victim to the effects of time and everyday aggression, revealing sublime skin, glowing with youth. Valmont has developed an extended range of care solutions. At Aurelio Spa, you can exclusively enjoy our tailor-made men's care treatments for face with Valmont cosmetics.



KOS PARIS was born out of a passion for rare plants, cultivated in an environmentally sustainable manner and that have proven effective when used in skin care. Our desire was to develop a high-end line of cosmetics, which combine the powerful natural assets of the plant world, rich textures and an enduring respect for the environment. Thanks to careful research and a passion for excellence, we have formulated cosmetics that respect the skin's natural balance, as they do not contain any petrochemical derivatives or mineral oils. Our products are preservative, silicone, and paraben free. Most of our ingredients come from organic agriculture. Today, KOS PARIS offers a wide range of body and face care treatments with voluptuous fragrances and rich textures, that invite you to live precious moments. At Aurelio Spa, you can enjoy body care treatments for adults and kids as well as our tailor-made men's care body treatments exclusively with Kos Paris cosmetics.

CARE PRODUCTS FOR HOME SPA

We would be delighted to send your desired spa products by mail to your home. We officially cooperate with Valmont for face care products and Kos Paris for face & body care products.

We accept your orders by phone or via e-mail.

AURELIO SPA GENERAL INFORMATION

Operating hours: daily from 9 a.m. - 8 p.m.

We offer on 1000m²

- Indoor activity pool (23 m | 30°C)
- Fitness Centre
- Changing areas for men and women

Thermal Suite with

- Herbal bio sauna (60°C – 65°C)
- Finn sauna (90°C – 95°C)
- Cooling down pool (10°C)
- Jacuzzi (36°C)
- Aroma steam bath
- Multi-sensory showers
- Vital Bar
- Relaxing areas
- Snow atrium

Treatment areas

- Face Care suite
- Single spa suite
- Couples' spa suite
- Manicure & Pedicure area

DAY SPA

Aurelio Spa is open every day for external guests upon reservation. The entrance guarantees you access to the wet area, thermal spa suite, relaxing areas, fitness area and changing rooms where you can find all the amenities needed to spend your day in the hotel such as (bathrobe, towel, slippers, shampoo, shower gel, conditioner, hair dryer). In Day SPA visits, beauty treatments, massages and personal training sessions are only possible upon availability and prior reservation as well and they are not included in ticket.

Day SPA ticket EUR 55.00

INDIVIDUAL PERSONAL TRAINING

Our gym is equipped with the latest Techno Gym equipment. Ideal for active athletes who want to improve their performance potential even further. Perfect for people with back problems and for people who want to get athletic, slim and toned. We have a special full body workout.

60min EUR 110.00

A second person can join in addition of 35.00 EUR.

AURELIO'S SPECIALS FOR EXTERNAL GUESTS

10 x Day SPA Ticket EUR 450.00

7 x Day pass only for gym use EUR 170.00

INFORMATION AND BOOKINGS

Phone: +43 (0)5583 – 2214

E-mail: office@aureliolech.com

No entrance for children under 12 years.

The spa menu is valid from December 2022. Previous rates lose their validity.

Viewing each guest as a unique individual, the Aurelio Spa personalised holistic treatments designed to relax, restore and lift the body, soul and mind. Aurelio's signature treatments for mothers to be, men's care and for children are carefully selected and performed by professional therapists.

THE MESSAGES

Aroma therapy

Surrender to the restorative qualities of relaxing massage, combined with soothing long effleurage strokes. Pure essential oils moisturize mind and body.

Duration of treatment: 50 or 80 minutes

Price: | 110.00 EUR | 160.00 EUR

Back massage

An individualized back massage aimed to release tension from sore muscles.

Duration of time: 30 minutes

Price: 75.00 EUR

After ski leg & feet care – REVITALISING LEG MASSAGE

Legs are wrapped in hot towels soaked with essential oils of eucalyptus and tea tree. The draining massage which follows has a beneficial effect on heavy legs, for example after a long day on the mountains or after long flights.

Duration of treatment: 30 minutes

Price: 75.00 EUR

Deep tissue massage

Designed for active individuals or for those preferring a stronger massage, this specific massage utilizes firm strokes and deep pressure to fine-tune muscle systems.

Duration of treatment: 60 or 90 minutes

Price: | 130.00 EUR | 180.00 EUR

Hot stone massage – WARM FULL BODY MASSAGE WITH STONES

An indulgent massage combination using hot volcanic stones and hot oil. A unique experience that has gained faithful followers offers ultimate relaxation and energy re-balancing. The target movements and pressures with hot stones relax the muscles, while massaging and the use of warm oil hydrates and deeply nourishes the skin.

Duration of treatment: 75 minutes

Price: 160.00 EUR

Aurelio signature treatment

Indulge yourself after a long day of skiing in this rejuvenating massage, combining the natural therapeutic properties of essential oils and the healing power of massage therapy. After thoroughly exfoliated and massaged the legs and feet are nourished, soft and smooth. A warm towel ritual will leave you with a sense of pampering, while receiving a stress-relieving head and neck massage. This aroma-based oil massage will leave you feeling deeply relaxed and revitalized.

Duration of time: 75 minutes

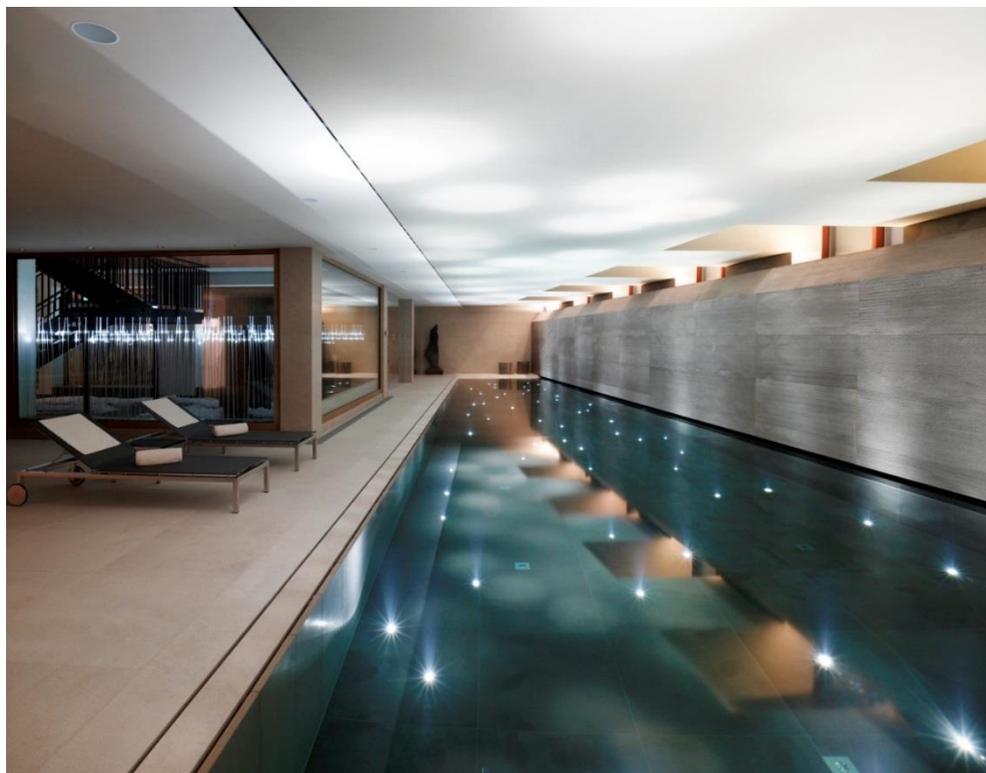
Price: 180.00 EUR

Sweet Dreams Massage – FOR KIDS

“Every Child, no matter the age, should be massaged at bedtime on a regular basis.” Touch is the first sense to develop in humans. It is essential to our health and well-being. We provide a special care massage with chamomile products for our little guests up to 5 years old (only allowed with the permission of an adult).

Duration of treatment: 30 minutes

Price: 60.00 EUR



THE FACIAL

VALMONT Purity Ritual

The deep cleansing treatment offers the skin a true renewal. It gently and pleasantly removes impurities from the skin, balances it and refines the complexion.

Duration of treatment: 75 minutes
Price: 165.00 EUR

VALMONT Lines and Volume Ritual

An intense and slow massage to relax the muscles and facial features. This treatment has a lifting effect, the skin is tightened, smoothed and rejuvenated.

Duration of treatment: 60 minutes
Price: 150.00 EUR

VALMONT Hydration Ritual

A very relaxing, gentle and slow massage that activates the lymphatic system and thus optimizes hydration. The skin is plumped, intensely moisturized and its elasticity is improved.

Duration of treatment: 60 minutes
Price: 140.00 EUR

VALMONT Energy Ritual

A stimulating massage that revitalizes the skin. Blood circulation is activated, oxygen supply to the cells is stimulated and signs of fatigue are eliminated. The skin is energized, the complexion looks fresh and radiant.

Duration of treatment: 60 minutes
Price: 140.00 EUR

VALMONT Vitality of the Glaciers

This comprehensive treatment for the face, neck and décolleté allows beauty to blossom in the most refined way. This treatment has a nourishing, sculpting and rejuvenating effect. The massage is a true face-lift that strengthens facial muscles, while completely relaxing facial features.

Duration of treatment: 60 minutes
Price: 180.00 EUR

MEN'S CARE

Focus Massage in four targeted areas

Four targeted areas massages provide relaxation and a sense of well-being: the back massage with essential oils has both a relaxing and stimulating effect. Therapist will work on trigger points of the back with both hands and hot stones. More than just a regenerating effect for demanding male skin, the intensive manual massaging motions to the head, face and feet with warm oil, lend the body and spirit renewed strength and vitality.

Duration of treatment: 60 minutes

Price: 150.00 EUR

Gentleman's Manicure

This gentle hand treatment begins with exfoliation, which helps to remove superficial dry skin. A hand massage ensures a moment of profound relaxation. Cuticles and fingernails are then pampered and treated as well file and buff.

Duration of treatment: 40 minutes

Price: 45.00 EUR

Gentleman's Pedicure

Foot care for enjoyment and well-being – starting with a footbath. Exfoliation, which helps to remove superficial dry skin. A foot massage with gentle pressure provides relaxation and stimulation. Finally, cuticles and nails are pampered and treated.

Duration of treatment: 40 minutes

Price: 50.00 EUR

THE RITUAL

Couple's Ritual

Unwind side by side in our couple's spa suite and enjoy a tailor- made package individually created for your needs. A full body massage for 90min focusing on the most fatigued areas release tensions followed by a moisturizing express face care for 30min.

Duration of treatment: 120 minutes | EUR 500.00



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BEAUTIFUL HANDS AND FEET

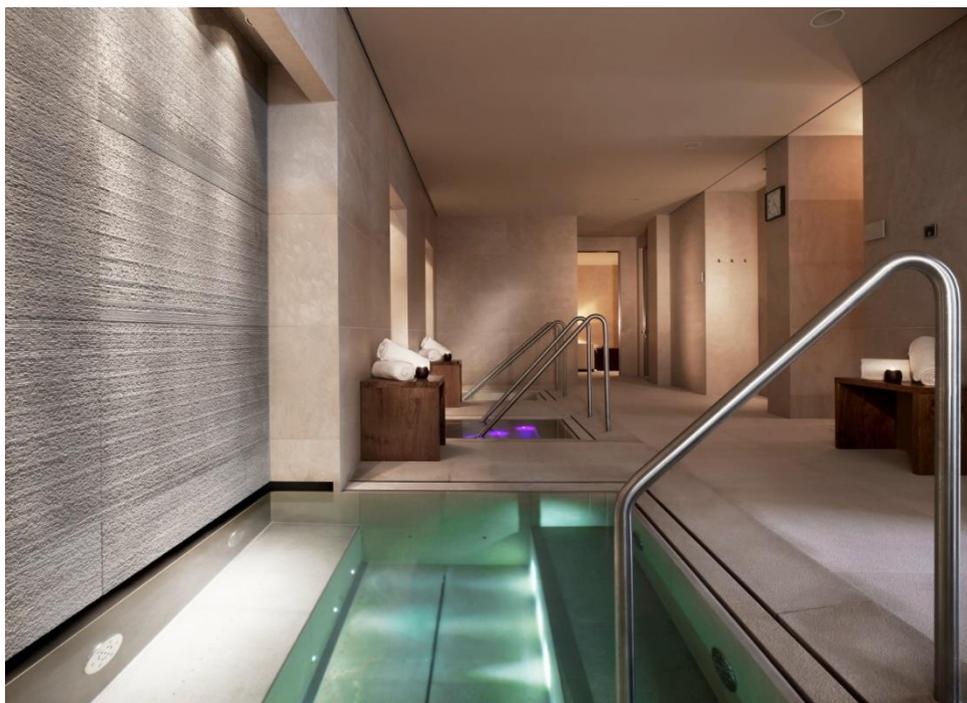
Express Manicure	40 min	EUR 60.00
Express Pedicure	45 min	EUR 60.00
Deluxe Manicure	60 min	EUR 70.00
Deluxe Pedicure	60 min	EUR 80.00
Nail Polish without Manicure or Pedicure	15 min	EUR 25.00
French Polish without Manicure	25 min	EUR 40.00
French Polish without Pedicure	25 min	EUR 45.00

DEPILATION

Armpits	EUR 30.00
Arms	EUR 45.00
Upper lip	EUR 20.00
Half Legs	EUR 40.00
Full legs	EUR 60.00
Back	EUR 60.00
Chest	EUR 50.00

EXTRAS FOR HER

Eyebrow shaping	EUR 25.00
Eyebrow dying	EUR 25.00
Dying of eyelashes	EUR 25.00
Eyebrows and eyelashes dying and shaping	EUR 50.00



How to SPA

TRY SOMETHING NEW

Our professional SPA team will plan the perfect and individual spa package for you. Do not hesitate to try something new – it will change your SPA experience.

LET US ADVISE YOU

Everybody is different and each skin type requires a different kind of care. Please inform our therapists about your special health conditions before booking a treatment. Speak to our experienced therapists and inform them about your preferences (music, temperature, light effects, massage, pressure, etc.).

TAKE YOUR TIME

The best way to prepare yourself and your body is a visit of our thermal suite (aroma steam room or the herbal bath). This will get your circulation going, heat up your body and open your pores. We kindly ask you to check in at the SPA reception 10 minutes before your treatment appointment.

RELAX AND UNWIND

As a hotel guest it is best to come to the SPA in bathrobe and slippers. Please take a shower before your massage starts. Our therapists will provide you with disposable undergarments for the body treatments.

JEWELLERY AND VALUABLES

Please leave all valuables in your room's safety deposit box or the lockers in the changing rooms. The Aurelio Hotel is not responsible for lost valuables.

PAYMENT ARRANGEMENTS

The Aurelio SPA is able to charge SPA services to your room account. Guests may also pay in cash or by credit or debit card.

LATE FOR THE APPOINTMENT OR CANCELLATION

We ask you to call off your treatments at least 12 hours in advance. For later cancellations, we charge 50% of the treatment costs and 100% if you fail to appear or your appointments are cancelled with less than 1 hours' notice. Arriving late may shorten the time of your treatment.

KIDS

Minimum age at the Aurelio SPA area is 12 years. Kids under this age can only enjoy the spa for our special created treatments for kids.